

Colgate®

Bright Smiles. Bright Futures™



# Saving Tooth Kingdom

From Sorcerer Plakula

Use  
fluoride  
toothpaste.

Brush at least  
twice a day.

Limit the  
number of  
times you  
eat snacks.

Change your  
toothbrush  
when worn.

Visit a  
dentist  
regularly.